



ALL FROM LOVE



‘Let all you do be done in love.’



(1 Corinthians 16:14)

How to define **LOVE**?



- **Love** is a basic necessity in everyone's life. Everyone needs to be loved to live a proper and healthy life.
- **Love** is a variety of feelings, emotions, and attitude.
- **Love** is more than just being interested physically in someone, it's an emotional attachment.
- **Love** is more of a feeling that a person feels for another person.
- **Love** means to be deeply committed and connected to someone or something.

What does the Bible say about God's love?

- The Love of God is frequently mentioned in the Bible through stories and proverbs as divine, true and everlasting. In fact, the Bible says that God is love!
- God loves everyone. God's love is so great that He gave His only Son to die for our sins and be resurrected. This is very important evidence of God's love for his children.

God is Love

GOD IS LOVE

**Anyone who does
not love does not
know God, because
God is love.**

1 John 4:8 ESV

- **Let us love one another, for love is from God.**
- **In this love of God was made manifest among us, that God sent His only Son into the world, so that we might live through Him.**

Here are some ways to express your **Love**:

1. Offer the gift of listening

- Focus on others and hear what they're really saying.
- Remember the 80/20 rule: Listen more, talk less.
- This allows others to share, and also gives you a chance to understand others.



Here are some ways to express your **Love**:

2. Say please and thank you

- This is a simple act you can practice every day, but many of us often forget to do so.
- It can make a huge difference in our lives.



Here are some ways to express your **Love**:

3. Tell your loved ones how much you love them.

→ A little love goes a long way.

→ Many of us are not willing of taking people for granted, so it's good to acknowledge those who've impacted our lives and those we could not live without.



Here are some ways to express your **Love**:

4. Offer your help to someone in need.

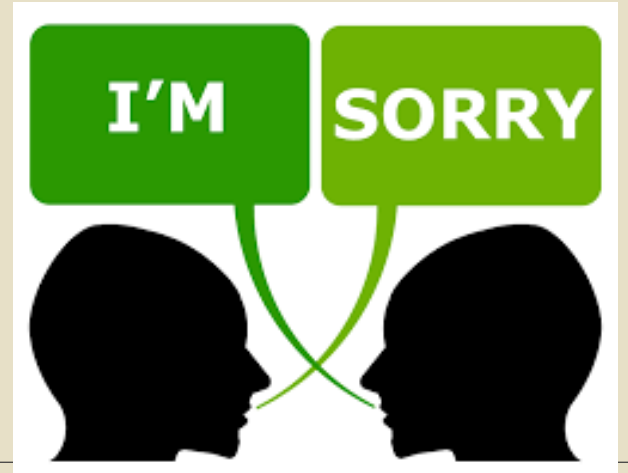
- There's always someone who needs something.
- Often helping others is a way to make you feel good, too.
- People you help could be your best friend, your neighbor or your grandparents.




Here are some ways to express your **Love**:

5. Practice the art of forgiveness.

- Try to release anger and frustration so that you can stay in a more positive attitude.
- Forgive your friends and people around you.



A vibrant red heart is positioned on the left side of the image, set against a light pink, marbled background. The heart is a simple, solid shape with a slight shadow, giving it a three-dimensional appearance.

Love is patient, love is kind.
It does not envy, it does not boast,
it is not proud. It does not dishonor
others, it is not self-seeking,
it is not easily angered,
it keeps no record of wrongs.

1 Corinthians 13:4-5

References:

- Fromm, E. (1956). *The Art of Loving*. New York, NY : Bantam Books
- Greenberg, M. (2013). "10 Research-Based Truths About People in Love.